**ELGIN SCOUTS**

**RISK ASSESSMENT FOR RESIDENTIAL VISITS**

**CYCLING/MOUNTAIN BIKING**

**NAME OF DISTRICT/GROUP:** …………………………1st Elgin Scouts ………………………………………………………………………………

**NAME OF PERSON COMPLETING RISK ASSESSMENT/UPDATE:** ……………Andre Govier………………………………………………………………

**DATE OF RISK ASSESSMENT/UPDATE:** ……………09/05/15………………………………………………………………………………………………..

The aim of a generic risk assessment is to provide general information on the type of hazards adults and young members (as well as others who may be involved) are exposed to.

The list given is by no means an exhaustive one. Hazards which are not listed but are specific to your visit should be recorded on the blank assessment form



**P.O.R rules relating to the MTB**

The only information we need to be aware of and comply with is the information contained in the general factsheets

## Scout Led Activities

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Activity** | **P.O.R Rules** | **Other information** | **Scouting Authorisation Required** | **Extra third party insurance required** | **Notification Required** |
| MTB | * [FS120456](http://www.scouts.org.uk/fs120456) Mountain Biking. Added detail that guidance is now available for mountain biking in terrain 0. * FS120078 Home Contacts * [FS120422](http://www.scouts.org.uk/fs120422) Mountain Biking in Terrain 0. New guidance when running this activity that falls outside the activity permit scheme. * [FS120000 Risk Assessment](http://www.scouts.org.uk/fs120000) * [FS120088 Weather Forecasts in Outdoor Activities](http://www.scouts.org.uk/fs120088) * FS129999 *Safety in Scouting: Safety Checks* | Master doc  Standard New update – no qualification required for T0 | No | No | No |

**Risk assessment**

|  |  |
| --- | --- |
| **Ratios** | 1:12 max |
| **Qualifications** | * Green field camp clr Goves and Alan– however in hall. * As terrain 0 no MTB qualification required. * Goves ambulance technician/ALS/HSE Offshore medic – but lapsed Feb 15 – Alan out of date. Others JACK in date. * Goves and Alan have food hygiene. * All adults’ disclosure cleared. |
| **Control Measures in force** | * Appropriate first aid kit to be carried on ride and at base. * Drinking fluids to be carried. * Suitable cycle tools (e.g., puncture repair kit) which to be carried by a group leader competent to change wheels and repair inner tubes. * A means of raising the alarm in an emergency to be established. (If reliant on mobile phone, ensure network coverage in area to be visited). * All adults and scouts should be physically fit enough to take part in the activity and leaders to have sufficient experience and competence to lead the activity. * In the event that the event leader considers any or all of the route unsuitable due to weather, poor lighting or other hazards they have discretion to alter the route. So long as all the groups follow the same route and the leader who is driving /manning base is kept informed of any route changes * In the event of an incident requiring one or more emergency services to be summoned the activity will be terminated immediately and the scouts and leaders taken to the finish or home as quickly as possible and the home contact will be informed as required in the home contact guidelines |

| **HAZARD** | **Risk before control Measure** | **Who is at risk** | **STEPS TO CONTROL RISK** | **RISK LEVEL if controls implemented** | **REVIEW AND DECISION** |
| --- | --- | --- | --- | --- | --- |
| Injury due to  unsafe/faulty bike | High | All riders | Obtain cycles from a reputable supplier/hire company  and ensure they have been maintained appropriately.  If cycles are adult/young person’s own then they must  be inspected.  Check cycles before use to ensure they are in a safe  condition. Check brakes/gears work. Saddles, wheels  and handlebars are all secure.  Ensure cycles are of an appropriate size for the young  members and saddle/handlebars are correctly  adjusted. | Low | No further revision considered necessary at this time. |
| Injury due to unsafe riding | Substantial | All riders | Ensure all in the party are competent cyclists.  Brief cyclist pre ride on rules and safe riding. Adults at front and rear and spread throughout. At any time scouts can be removed from ride or camp for unsafe riding. | Low | No further revision considered necessary at this time. |
| Unsuitable  terrain, steep  descents | High | All riders | Local knowledge of route to be sought prior to setting  off. Route to be appropriate to age and ability of the  group. Route should be ridden by group leader prior to  trip. Supervision levels to be appropriate with size and  competence of group and dangers associated with  route, with one supervisor at the front of the group to  control speed and one supervisor at rear to avoid  stragglers. Other supervisors to be spread throughout group as appropriate. Steep descents to be strictly controlled by supervisors and young people/adults should dismount if necessary. | Low | No further revision considered necessary at this time. |
| Collision with  other riders/traffic | Medium | All riders | Avoid riding on public highways if at all possible. If  public highways to be used, even for short stretches,  they should be appropriate, ie, not busy main roads  and consideration should be given to wearing high  visibility vests. Any riding on public highways should  be in single file. Young members to be assessed as  competent in this type of environment prior to trip  taking place. All crossings of public highways to be under the control of a supervisor. | Low | No further revision considered necessary at this time. |
| Inappropriate/no  Protective equipment | Medium | All riders | All cyclists must wear safety helmets and these should  be checked to ensure correct fit with no visible defects.  Cyclists should wear appropriate clothing to suit area  and weather conditions – long sleeved shirts and  trousers may be considered. Other protection may  include high factor sun cream where necessary. | Low | No further revision considered necessary at this time. |
| Hypothermia | Medium | All riders | Ensure all on activity are dressed suitably for the weather on the day All on activity to carry or wear waterproof clothing depending on the weather on the day Brief scouts on signs | Low | No further revision  considered necessary at this time |
| Getting lost | Medium | All riders | All team members to have a4 map  All leaders to have full ordnance survey map  Everyone to go through check points every approx 5 miles  Each leader to carry a walkie talkie and a mobile phone  Scout Leader at rear all the walkers for sweeping up. | low | No further revision  considered necessary at this time |
| Dehydration | Medium | All riders | All to take suitable water bottle for walk  Water available at all lunch stop  Brief scouts on signs of dehydration | low | No further revision  considered necessary at this time |
| Tiredness | Medium | All riders | Have back up vehicle ready to take tide scouts to finish points  Be prepared to lighten scouts carry load (ie take rucksacks in car)  Check each scout out on each check point  Have leader to look out for struggling scouts. | low | No further revision  considered necessary at this time |
| Weather | Medium | All riders | If deemed unsuitable by the leaders at any point the ride can be finished early  Check weather prior to event and during  If temperature falls below 5 degs in days leaders will consider canx camp.  Heavy winds or extreme rain will canx the camp. | low | No further revision  considered necessary at this time |